



# BREAKFAST

Monday - Friday from 7:30 am to 11:00 am



## ... SOMETHING SWEET ...

### FRENCH TOAST

French brioche fried to golden perfection with a topping of your choice. (D/E/GW)\*

Sugar .....	6.50 (SD) 5.95 (TA)
Lemon and Sugar .....	6.50 (SD) 5.95 (TA)
Cinnamon Sugar .....	6.50 (SD) 5.95 (TA)
Summer Berry Compote .....	8.00 (SD) 7.00 (TA)
with Yogurt	
Maple Syrup .....	7.50 (SD) 6.50 (TA)
Maple Syrup and Bacon .....	9.50 (SD) 8.50 (TA)

### PASTRIES

Fabulously French and intrinsically Irish, all utterly delicious.

Plain Croissant (D/GW)* .....	2.25 (SD) 1.90 (TA)
Almond Croissant .....	2.50 (SD) 2.10 (TA)
(D/NT/GW)*	
Pain aux Raisins (D/GW)* .....	2.50 (SD) 2.10 (TA)
Pain au Chocolat (D/GW)* .....	2.50 (SD) 2.10 (TA)
Pecan Plait (D/NT/GW)* .....	2.50 (SD) 2.10 (TA)
Scones - with butter and .....	2.80 (SD) 2.80 (TA)
honey or jam (D/E/GW)*	

## ... HEALTHY OPTIONS ...

**SALADE DE FRUITS 4.50 (SD) 3.25 (TA)**

Freshly made seasonal fruit salad.

### PARIGI POWER POTS

ORGANIC PORRIDGE OR YOGURT

5.50 (SD) 4.50 (TA)

Add any two toppings :

**Summer Berry Compote**

+ A scrumptious home made berry compote +

**Granola**

+ Delicious home made granola filled with wholesome goodness (NT/SS)\* +

**Sliced Banana**

+ Freshly sliced banana full of vitamin +

**Trail Mix**

+ Banana chips, dried apricots, almond flakes, coconut flakes, raisins. (NT/SS)\* +

**Mixed Seeds and Nuts**

+ Healthy seeds and nuts that will keep you satisfied and energized all day long (NT/SS)\* +

Add an additional Topping

+0.50

( Please ask if you would like - Honey / Stevia / Xylitol / Cinnamon / Maple Syrup)

## ... HOT DRINKS ...

Teas

Regular .....	2.30 (SD) 2.20 (TA)
Earl Grey .....	2.30 (SD) 2.20 (TA)
Herbal: Chamomile, Mint, .....	2.50 (SD) 2.20 (TA)
Green	

Coffees (regular) (all available decaffeinated)

Espresso .....	1.80 (SD) 1.80 (TA)
Macchiato (D)* .....	2.00 (SD) 2.00 (TA)
Americano .....	2.30 (SD) 2.40 (TA)
White Coffee (D)* .....	2.40 (SD) 2.50 (TA)
Cappuccino (D/GW)* .....	2.60 (SD) 2.70 (TA)
Latte (D)* .....	2.60 (SD) 2.70 (TA)
Mocha (D/GW)* .....	3.10 (SD) 3.20 (TA)
Hot Chocolate (D/GW)* .....	3.10 (SD) 3.20 (TA)
Soya or Almond Milk .....	+ 0.40
Coconut Milk .....	+ 0.50
Extra Shot .....	+ 0.50

## ... COLD DRINKS ...

Oranges Pressées (freshly ..... 2.75 (SD) 2.50 (TA)  
squeezed orange juice)



WE OFFER STAFF CATERING AND  
OFFICE CATERING TOO!!

catering@caffè-parigi.com



IN A RUSH... EVERYTHING ON OUR  
MENU IS AVAILABLE AS A TAKE AWAY.  
JUST GRAB AND GO!!

## ... EGGS- CELLENT ...

**FULL IRISH** ..... 10.50 (SD) 8.95 (TA)

Scrambled eggs, with mushrooms, slow roasted cherry tomatoes, white pudding, bacon and sausage. Served with toast. (E/GW)\*

### EGGS BENEDICT

A classic breakfast dish of poached eggs, on a toasted muffin, with a delicious hollandaise sauce. (D/E/GW)\*

Traditional - with Roast Ham ... 7.95 (SD) 6.95 (TA)

Royale - with Smoked Salmon (F)\* ..... 8.95 (SD) 7.95 (TA)

Florentine - with Spinach ..... 7.25 (SD) 6.25 (TA)

**POACHED EGGS** ..... 5.50 (SD) 4.95 (TA)

Two poached eggs, served with toast. (E/GW)\*

**SCRAMBLED EGGS** ..... 6.00 (SD) 5.25 (TA)

3 eggs, scrambled with dollop of cream. Served with toast (D/E/GW)\*.

**OMELETTE** ..... 6.00 (SD) 5.25 (TA)

Three eggs for a perfect omelette, served with toast. (D/E/GW)\*

Add Bacon ..... + 2.50

Add Salmon (F)\* ..... + 3.00

Add Ham / Cheese (D)\* (each) ..... + 0.75

Add Spinach / Tomato / Onion / Mushrooms / Peppers (each) ..... + 0.50

## ... TOASTIES ...

Croque Madame Toastie - ..... 6.50 (SD) 6.50 (TA)

Our delicious Croque Monsieur topped with a poached egg. (D/E/GW)\*

Croque Monsieur Toastie - ..... 5.50 (SD) 5.50 (TA)

Fabulously French - Gruyere cheese with roasted ham and just a dash of Béchamel sauce. Toasted to golden perfection. (D/GW)\*



Allergens : GW = Gluten Wheat / GB = Gluten Barley / GR = Gluten Rye / GO = Gluten Oats / MT = Mustard / M = Molusque / E = Eggs / F = Fish / NT = Tree nuts / L = Lupin / D = Dairy / CC = Celery / C = Crustacee / SS = Sesame Seeds / SY = Soya / SU = Sulphites / P = Peanuts

a.o.r = available on request. Please let us know of any guests with food allergies or preferences and we will do everything we can to accommodate them.

Our meat is supplied by a local butcher and is 100% Irish and traceable. We support Irish producers where ever possible.

A discretionary 10% gratuity is added to tables of 5 or more.

## ... SOMETHING SAVOURY ...

### FILLED CROISSANT

A delicious combination of freshly baked croissant with a variety of fillings. Please let us know if you would like it toasted. (D/E/GW)\*

Paris Genève ..... 3.95 (SD) 3.50 (TA)  
+ Swiss Gruyère Cheese / Roast Ham

Parigi Milano ..... 4.50 (SD) 4.10 (TA)  
+ Mozzarella di bufala / Parma ham / Tomato

Parigi Ballina ..... 5.50 (SD) 4.95 (TA)  
+ Smoked Salmon / Cream Cheese (F/D)\*

### BREAKFAST BAGUETTES

Baked every morning, with a dash of butter and Ballymaloe Relish or tomato ketchup. (GW/D)\*

With Bacon or Sausage ..... 5.50 (SD) 4.95 (TA)

### HOME-MADE SAUSAGE ROLLS

A match made in Heaven of French puff pastry wrapped around Irish sausage with a twist of something special to create that certain oh la la! (D/E/GW/SS)\*

Traditional ..... 3.95 (SD) 3.25 (TA)

## ... TARTINES AND TOSTATA ...

Toast in any other language :) Choose from either Irish Soda, French Country Loaf, French Baguette, or Italian Ciabatta and add a topping of your choice.

Italiano - (ciabatta) with ..... 2.50 (SD) 2.50 (TA)  
olive oil, salt and pepper (GW)\*

Parma - (ciabatta) with ..... 4.25 (SD) 3.95 (TA)  
Parma ham and olive oil (GW)\*

Organic Peanut Butter - add ... 4.50 (SD) 3.50 (TA)  
honey or maple syrup for a little sweetness. (GW/NT)\*

Hummus - (suggested ..... 5.50 (SD) 4.50 (TA)  
French Country Loaf) home-made hummus topped with peppers, carrots and home pickled red onion. (GW/SS)\*

Smoked Salmon and Cream ... 6.50 (SD) 5.50 (TA)  
Cheese - with a dash of lemon and a twist of black pepper. (D/F/GW)\*

Petit Dej - (suggested ..... 3.25 (SD) 2.50 (TA)  
baguette) served with butter and a choice of honey or jam. (D/GW)\*