

# LUNCH MENU

(available Monday to Friday 12.00 - 15.00)

## ... SALADS / INSALATE ...

Choose one of our fabulous salad bases below and add a topping of your choice.

### Caesar Salad

+ A delicious salad of gem lettuce with shavings of Parmesan cheese and our golden croutons. Served with our delicious home-made Caesar dressing. With a topping of your choice.... (GW/F/D)\* +

### Roasted Sweet Potato and Chickpea Salad

+ A super healthy and absolutely delicious salad of tender, roasted sweet potato and uber healthy, spiced chickpeas baked to crispy perfection – a texture and flavor match made in heaven. Tossed with green leaves and drizzled with our scrumptious tahini dressing. With a topping of your choice...(S)\* +

### Super Food Salad

+ Filled to the brim with some of the top superfoods, a simply scrumptious, healthy combination of baby mixed leaves tossed through with lightly steamed broccoli, beetroot and walnuts. With a topping and dressing of your choice. (N)\* +

## ... SALAD TOPPINGS / DRESSINGS ...

### Option 1

7.50 (out) 11.50 (in)

+ Hummus (S)\* / Grilled Haloumi Cheese (D)\* / Crumbled Goats Cheese (D)\* / Super Seed and Nut Mix (N/S)\* +

### Option 2

8.50 (out) 12.50 (in)

+ Grilled Chicken / Parma Ham / Buffalo Mozzarella (D)\* / Avocado / Roast Ham / Falafel (GW)\* +

### DRESSINGS

+ Have a favourite? Any salad with any dressing – Tarragon (MT) / Balsamic / Tahini (S)\* / French Vinaigrette (MT)\* +

## ... SALADES À LA FRANÇAISE ...

### Salade Niçoise

8.50 (out) 11.50 (in)

+ A taste of the south of France. Tuna, marinated anchovies, egg, green beans, baby potatoes and tomatoes. Tossed in our fabulously French vinaigrette and served on mixed leaves. (E/F/MT)\* +

### Salade de Chèvre et de Poulet

8.50 (out) 11.50 (in)

+ A wonderful combination of chicken, crumbled goats cheese and semi sundried tomatoes, tossed with mixed leaves in our famous tarragon dressing, with a sprinkle of pumpkin seeds et voila! (D/MT)\* +

## ... ANTIPASTO ALL'ITALIANA ...

### Parma Salad

10.50 (out) 13.50 (in)

+ Parma ham with slices of our very special buffalo mozzarella, tomato and basil. Served with Italian toast. One taste and you are transported to Italy. (GW/D)\* +

### Caprese

8.50 (out) 11.50 (in)

+ Creamy buffalo mozzarella with slices of tomato. Topped with fresh basil, a sprinkle of olive oil and our award winning balsamic vinegar. Served with Italian toast, a perfect lunch. (GW/D)\* +

## ... SOUP OF THE DAY ...

### Soup of the Day (in)

9.75

+ A healthy option of a large bowl of our home-made soup, with a small 'mixte' salad and a basket of bread. (AOR)\* +

## ... DESSERTS ...

### Chocolate Brownie

2.95 (out) 4.95 (in)

+ Fabulously indulgent. Served in the caffè with whipped cream and our winter berry coulis. (GW/D/E/N)\* +

### Torta al Limone

2.75 (out) 3.50 (in)

+ This is a gorgeous lemon sponge cake straight from Palermo. The secret is in the delectable Sicilian lemon syrup trickled all over while it is still warm – a scrumptious treat. (GW/D/E)\* +

### Treat of the Week

+ Please ask your waiter for details. (AOR)\* +

## ... HOT AND COLD DRINKS ...

### Soft Drinks

2.50

+ Coke, Diet Coke, Sprite, San Pellegrino Orange / Lemon / Chinotto +

### Coffee, Teas and Hot Chocolate

+ We are the only caffè in Ireland to have our award winning Italian coffee. We also have a wonderful selection of various teas and our delicious hot chocolate. Please ask your waiter for details. +

### Water

3.00

+ Still or Sparkling +

## OFFICE AND STAFF CATERING

+ We offer fabulous, customised catering for any event as well as great solutions for staff meals! +

Our meat is supplied by a local butcher and is 100% Irish and traceable.

A discretionary 10% gratuity is added to tables of 5 or more. Ingredients for all dishes available on request.

caffè  
Parigi

### ... LUNCH FORMULA ...

**Any Sandwich with a 'Mixte' Salad / Soup**  
8.00 (out) 9.50(in)

(All sandwiches / panino are available for take away €4.95 - €5.50)

### ... BROWN BREAD / BAGUETTE ...

Freshly baked baguette or seeded, sliced soft brown bread with delicious fillings.

#### **Roast Ham, Cheese and Gherkin**

+ A delicious sandwich of roast ham with cheddar, gherkin, lettuce and our scrumptious mustard mayo. (GW/E/MT/D)\* +

#### **Oeuf (Egg Mayo) (V)**

+ A lovely combination of free range eggs mixed with a wonderful creamy mayonnaise on a bed of peppery rocket. (GW/E)\* +

#### **Chicken and Stuffing**

+ An Irish tradition - chicken, home-made stuffing, lettuce and a dash of mayo. (GW/E/D)\* +

### ... PIADINA ...

ITALIAN FLAT BREAD. Just let us know if you would like it served lightly toasted.

#### **Hummus and Crunchy Veg (Vegan)**

+ Home-made hummus with pickled red onion, grated carrot, bell peppers and lettuce. (GW/S)\* +

#### **Mixte**

+ Simple but scrumptious - roast ham, cheddar cheese, tomato, lettuce and mayo. (GW/D/E)\* +

### ... TOASTIES AND PANINI ...

French Country loaf toasted to golden brown or Italian Ciabatta toasted to a 't' with a sprinkle of olive oil and freshly ground salt and pepper.

#### **Croque Monsieur Toastie**

+ Fabulously French - Gruyere cheese with roasted ham and just a dash of Béchamel sauce. Toasted to golden perfection. (D/GW)\* +

#### **Chicken and Herb Mayo Toastie**

+ A wonderful combination of chicken in a herb and lemon mayonnaise. (GW/E/D)\* +

#### **Crudo Panino**

+ The classic! Parma ham, tomato, mozzarella and basil. (GW/D)\* +

#### **Cheese and Red Onion Chutney Panino (V)**

+ A delicious combination of melted Cheddar and Brie with our home-made red onion chutney. (GW/D)\* +

#### **Mozzarella Panino (V)**

+ Simple and delicious - mozzarella, tomato and basil. (GW/D)\* +

#### **Pizzico Panino**

+ A bit of a kick with spicy salami, cheddar cheese and our fabulous home-made pomodoro sauce with added sun-dried tomatoes. (GW/D)\* +

### ... PASTA AND RISOTTO ...

**Fusilli Pesto, Pomodori Secchi e Spinaci**  
8.50 (out) 12.50 (in)

+ A scrumptious pasta with basil pesto and sun dried tomato giving a burst of flavour. Served with organic spinach tossed through at the last minute. Perfect for Spring and absolutely delicious. (GW/D)\* +

#### **Penne Boscaiola**

8.50 (out) 12.50 (in)

+ A firm favourite back by popular demand - pancetta, peas and mushrooms in a delicious cream sauce. (GW/D)\* +

**Penne or Gnocchi Pomodoro / Arrabbiata (Vegan)**

7.50 (out) 10.50 (in)

+ Penne or gnocchi with our rich home-made tomato sauce. Add chilli if you feel like spicing things up. (GW)\* +

#### **Casarecce Salsiccia e Zafferano**

8.50 (out) 12.50 (in)

+ Hailing from the South of Italy, sausage meat flavoured with sage and herbs with a touch of saffron. Add a dash of cream and a shaving of Parmesan and you could be in Italy. (GW/D)\* +

#### **Pasta of the Week**

8.50 (out) 12.50 (in)

+ Please check our Specials Board or ask your waiter. (AOR)\* +

#### **Risotto dello Chef**

8.50 (out) 12.50 (in)

+ A fabulous risotto which changes on a weekly basis. Please ask your waiter for details. (AOR)\* +

### ... PLAT PRINCIPAL ...

#### **Quiche of the Week**

9.75 (out) 11.75 (in)

+ Our deliciously decadent home-made quiche. Served with our carrot salad, tomatoes and mixed leaves with a dressing of your choice. (GW/E/D)\* +

#### **Special of the Day**

8.50 (out) 12.50 (in)

+ Created every day by our team of chefs. Please ask your waiter for details. (AOR)\* +

#### **Piattini**

8.50 (out) 12.50 (in)

+ A speciality in Milan's busy fashion district for a simple and healthy choice. Oven baked chicken breast or falafal (vegan), served with our weekly seasonal veggies / sides. (AOR)\* +

**Formule** Any main course with a small soup OR small salad OR dessert +2.95

All of our food may contain trace allergens

Allergens: GW wheat gluten / E eggs / F fish / N nuts / D dairy milk / C celery / SF shellfish / S sesame / SU sulphates / MT mustard / AOR available on request  
Please ask a member of staff should you need to see the ingredients of any dish. These are available to be seen on their tablets.

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